

# PERSONAL LEADERSHIP

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## 23: Year In Review

### Episode Notes

Thank you for joining *Take Your Lead Podcast!*

In this episode Mzwandile Magagula will be looking at the year in review, sharing the lessons he learned in 2020 as well as sharing on how best you can take charge of 2021.

### **Questions to Ask Yourself:**

*After observing the year 2020, what is it that I've learned about myself this year?*

*What is it that you have learned about the way you think, the way you process things?*

*Take time within the next two weeks to reflect on your growth in the year 2020.*

*What do you feel?*

*What is it that you know?*

**This will help you to begin to leverage all your learnings over the year.**

*What is it that I know now that I didn't know at the beginning of the year?*

*What is it that I think?*

**This is very important because your life will move to the direction of your thoughts.**

*What are your most dominant thoughts?*

Your most dominant thoughts will replicate into the life the you live.



**“As a man thinketh in his heart, so is he.”**

**~ Proverbs 23:7**

That’s why you have to ask yourself: what is it that you know, think and feel?

It’s very important because the growth of whatever you are involved in, is linked to your personal growth and leadership.

### ***Lessons from 2020:***

#### ***1. As you grow as a leader, everything around you grows.***

Your growth in any area and discipline is extremely key because if you grow, everything that you’re involved in will grow.

You can only be of help and assistance to the next person if you are helping yourself first.

By helping yourself, you’re actually helping the next person.

John C. Maxwell speaks of the law of the lid, if a leader doesn’t grow, they become the lid of the growth of their organisation or whatever they’re involved in.

Your personal growth has a direct correlation to the growth of whatever it is you’re involved in.

#### ***2. Growth is possible anywhere.***

This has been a challenging year for some because of the uncertainty that came with it, especially because some want to have everything figured out, what to do, when to do it, how to do it.

It was hard to plan long term this year, but there was a lot of growth experienced, for example, the Take Your Lead podcast was birthed in 2020, where we had to ask ourselves, what is it that we can do to add value to people and that’s why the podcast was birthed because we believe growth is possible anywhere.



This helps you as a leader to move away from accidental growth because you can grow by accident but the danger of that is you can't sustain it and if you grow by accident, you can't replicate your growth.

It's like you're growing but you're not too sure why you're growing.

You won't be sure which area you're growing. The danger of that is when something works and it gets broken, you won't know why it works when it works, when it gets broken you won't know how to fix it.

Ask yourself why something is working and what causes it to work, so that when it starts malfunctioning, you're able to troubleshoot and figure out why it's no longer working and begin to put systems in place and be better positioned to fix it.

Move from accidental growth to a place of purposeful growth, where you are intentional about your growth.

This is the part of the year end in review where you reflect and begin to identify areas that you want to grow in the year 2021.

Ask yourself what materials do you need to prepare, do you need to read for you to be able to grow, if it's financially, what courses do you need to be a part of, what kind of investments and savings, mindset, thinking will you need.

Prepare the materials that you need for you to be purposeful in your growth.

### ***3. Avoid Autopilot***

Avoiding being on auto pilot was a challenge in 2020, especially being faced with being with yourself, being locked down, being in quarantine for the longest of time, and being in doors, and things would just happen, until one had to take themselves out of that mode.

Being on autopilot might begin to create a strange environment because you haven't been aware of what's around you and what's happening around you, what you're experiencing, what you're thinking and what you're feeling, so avoid being on autopilot.

This is very key because you don't drift to a desired location, often times when one drifts, they drift to a place where they don't want to go and they find themselves in an area or place where you've drifted to a destination that you're not proud of and you don't know how you got there, that's why a leader doesn't go with the flow, they create the flow.

### ***4. Deal with being with yourself and ask yourself are you comfortable with being with yourself?***

Are the conversations that you're having with yourself healthy?



Self-talk is very important. You can start by creating affirmations for yourself and begin to speak positive things over your life.

It will help you to grow confidence, it will help you to be determined.

A snippet of Mzwandile Magagula's daily confessions:

*I am strong and courageous*

*I am blessed with a beautiful wife whom I love so much, dearly as Christ loved the church*

*I go out of my way to serve her*

*I am willing to lay down my life for her*

*I am a great leader*

*I add value to others daily*

*I am a revivalist, I pursue God daily*

*I am a student of the Holy Spirit and daily I seek His manifestation*

*I love studying and growing in knowledge, wisdom and understanding*

*I am a great son who is blessed with incredible parents, whom I love dearly. I am aligned to them, I honour them and serve them as best as I can*

*I am generous, I am a giver*

*The world is a better place because of me*

*I am destined for greatness*

*The best is unfolding*

*I am a force to be reckoned with*

*I prosper and I'm in health, as my soul prospers*

*I thrive and prosper emotionally, financially, relationally, spiritually, physically and socially*

*I am disciplined*

*I carry the seed of revival and I am called to raise a holy nation.*

This helps him to affirm himself according to scripture, especially being a person of faith, and as someone who believes scripture.

Sometimes he says this not feeling well or like all the things that he describes, but sooner or later, he begins to walk in it, beyond his feelings because a leader is not



moved predominantly by their feelings but their behaviour informs how they feel, their feelings don't inform how they behave and that's the switch that helps you become a better leader.

This helps to frame your mind because as you begin to hear this, it begins to inform your actions.

### ***Thoughts that will help better position you in 2021:***

1. Leave loved ones with loving words because it might be the last time you see them.

Be very intentional and generous about expressing your love and appreciation for those around you.

Let generosity be one of the things that lead you in 2021.

### ***2. The lead model by John C. Maxwell***

L: How are you leading today? What are you learning?

This keeps you seeking and reaching and wanting to learn and become better.

E: What are you experiencing?

This helps you to get in touch with your feelings.

What are you experiencing in your mind, will and emotions?

A: Now that you've learnt whatever it is that you've learned and experienced, where are you applying it and how are you applying it?

This helps because it's not what you know that makes a difference, it's what you do.

D: Who are you developing? Find a person in 2021 or people you can develop or pour into.

One of the quickest ways to learn and grow is by developing others, when you transfer and share the information that you're learning with others, you're actually learning and understanding better what you're sharing with them.

Seek people to develop, to add value to.

Once you've learned and experienced certain things and have applied them, intentionally seek people that you can develop and pour into their lives.



### **3. Try journaling:**

Try to possibly begin a journey of journalling.

Start by writing a paragraph daily to summarise your day, what happened, what you're thinking, what you're feeling.

The benefits are a lot, it helps you remember your special moments, it helps you reflect on your learnings, it helps you remain accountable to your goals, because what's measured improves.

It helps you to jot down your theories, thoughts, ideas, what you're thinking about because every idea and thought has an expiry date, and if you don't preserve and keep it, you might lose it.

It also gives you perspective, perspective of the future, of where you are and how best you can harness and package everything.

### **4. Reflect:**

Do a lot of reflecting, begin to ask yourself when learning something or finding out something:

What should you do less of in 2021?

What is it that you've been doing but you'd like to cut down on in 2021?

What should you do less of and what should you do more of?

What is it that you need to pick up your pace in? Is it reading, studying, spending more time with loved ones, is it your career, go out more, do recreational things, relaxation?

Who should you share this with?

Have people that you intentionally have strategically placed that you share things with.

That will help you to measure and monitor consistent growth not only in your life but also the life of those around you.

Ask yourself, what can you do to improve this and this helps you with improvement of your personal life, of your family, of your finances, always ask yourself, how can you make it better and take it further?

If we can begin to harness these, we'll be better positioned to maximise the year 2021.



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